



28th Annual Delaware Distance Classic 15k

Sunday, October 10, 2010 at 8:30 a.m.



Start/Finish Area at Frawley Stadium at Wilmington's Christina Riverfront

Course 2010 Mid-Atlantic USAT&F 15K Championship and Grand Prix Event. Certified, Flat and Fast.

Awards Male/Female Open Prizes, \$150, \$100, \$50 Master Prizes, \$75
5-Year Age Group Awards (1st, 2nd, 3rd)

Entrants Receive Quality Delaware Distance Classic T-Shirt (non white)
to first 500 registered participants
Post-Race Refreshments
Results Posted at www.PCVRC.com & www.races2run.com

Sponsors* Foot Care Group Races 2 Run
Cheskin Chiropractic



*2010 Proceeds benefit Boys and Girls' Clubs of Delaware in memory of Mike Clark

Online Registration/ Directions Register online at www.active.com or at www.PCVRC.com
Take I-95 to Exit 6 in Wilmington, follow signs to Riverfront and Frawley Stadium Area



Questions/ Comments Contact Race Director David Farren at (302) 798-4179 or via email at DDC15k@comcast.net. For Club information see the Pike Creek Valley Running Club website at www.PCVRC.com



Print Name: _____ **Phone Number:** (____) _____

Address: _____
Street or PO Box City State Zip

Age on Day of Race: _____ **Sex:** Male Female **T-shirt Size:** Small Medium Large X-Large

- Cost:** \$30.00 entry fee & DDC **sweatshirt** (postmarked by October 1)
 \$20.00 entry fee & T-shirt; (postmarked before October 1)
 \$25.00 entry fee & T-shirt (postmarked on/after October 2 and day of race)

Total Amount Enclosed \$ _____

RELEASE FORM: In consideration of this entry being accepted, I intend to be legally bound, hereby for myself, my heirs, my executors, and/or administrators, waive and release any and all rights I may have against the organizations holding this event, their agents, representatives, sponsors, successors and assigns for any and all injuries suffered by me at said event. No bicycles, roller skates, baby joggers, headsets or dogs. Unofficial runners are not permitted to participate.

Signature: _____ **Date:** _____ **How did you hear about the DDC15k?** _____